

Family Handout: Practicing Caring and Generosity at Home

Talking Together

- What are you thankful for today?
- Who might need our prayers or kindness this week?
- How could we use our time or talents to help someone?
- What is one way we saw God's love today?

Family Challenge

Each week, choose one way to practice caring and generosity together:

- Give **time** to someone who needs a helping hand or a listening ear.
- Use your **talent** to bring joy—draw a picture, bake, sing, or write a note.
- Share your **treasure**—something you value, or a small gift to help someone else.

Gratitude Activities

- **Gratitude Jar or Blessing Board:** Write one thing you're thankful for each day and read them together at the end of the week.
- **Gratitude Walk:** Notice things you appreciate while walking together, then say a short prayer of thanks.
- **Gratitude Tree:** Write or draw something you're thankful for on paper leaves and hang them on a branch.
- **Kindness or Gratitude Chain:** Add a paper link for each act of kindness or gratitude, creating a visual reminder of your family's caring acts.
- **Gratitude at the Table:** Share one thing you're thankful for before a meal, rotating who leads a short prayer of thanks.

Family Prayer

"Gracious and loving God, thank You for all that You have given us.
Help us to be kind, caring, and generous with our words and actions.
Teach us to see Your love in the world and to share it with others. Amen."

Learn More

The Episcopal Diocese of Washington has compiled many helpful resources and activities for teaching young children about stewardship, gratitude, and generosity. Explore additional ideas here:

www.edow.org/children-and-stewardship

"Train children in the right way, and when old, they will not stray."

— Proverbs 22:6