

STATE AND COUNTY RESOURCES

[NJ Division of Aging Services | Services & Supports](#)

[County Offices on Aging](#)

[NJ Aging Friendly Resources](#)

[NJ Aging & Disability Resource Connections](#)

[NJ ADRC Older Adult Resources](#)

[NJ Division of Aging Wellness Programs](#)

[NJ State Health Insurance Assistance Program \(SHIP\)](#)

[NJSave Programs](#)

[NJ I Choose Home Program](#)

[NJ 211](#)

[NJHelps](#)

[NJ SNAP](#)

[Division of Aging Services | Pharmaceutical Assistance to the Aged & Disabled \(PAAD\)](#)

CAREGIVER RESOURCES

[Caring for Caregivers | United Way 211](#)

[Help For Caregivers - Care 2 Caregivers](#)

[NJ Stress-Busting Program for Family Caregivers](#)

ADVOCACY

[NJAAW – New Jersey Advocates for Aging Well – njaaw.org](#)

[United Way of NNJ :: Our Work :: HEALTH :: Caregivers Coalition](#)

[New Jersey Long-Term Care Ombudsman](#)

[New Jersey Long-Term Care Ombudsman - Publications](#)

[New Jersey Long-Term Care Ombudsman - Newsletter Request Form](#) This newsletter provides timely information on many topics such as medicare and other;

[Common-Nursing-Home-Problems-and-How-to-Resolve-Them](#)

[NJ Nursing Home Facility Quality Data](#)

[NJ State Elder Rights](#)

OPPORTUNITIES TO VOLUNTEER or CONNECT WITH VOLUNTEERS TO ASSIST SENIORS

[New Jersey Department of State - Volunteer and National Service
volunteers - VNANNJ](#)

[AmeriCorp Seniors](#)

[Foster Grandparent Program](#)

[RSVP](#)

[Volunteer Advocate Program](#)

[Senior Medicare Patrol of New Jersey](#)