

Diocese of Newark

2026 Medical & Dental Insurance Rates

All medical plans include: Express Scripts for prescriptions, EyeMed for eye exams, glasses/contacts, mental health & substance abuse benefits and *EAP.

Medical Plans

		Plan Code	Single		Emp + Sps		Emp+Child(ren)		Family	
			Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual
1	CIGNA Open Access Plus PPO 90	MG02	\$1,545	\$18,540	\$3,090	\$37,080	\$2,781	\$33,372	\$4,635	\$55,620
2	Anthem BCBS BlueCard PPO 90	MPP2	\$1,545	\$18,540	\$3,090	\$37,080	\$2,781	\$33,372	\$4,635	\$55,620
3	CIGNA Open Access Plus PPO 80	MG03	\$1,302	\$15,624	\$2,604	\$31,248	\$2,344	\$28,128	\$3,906	\$46,872
4	Anthem BCBS BlueCard PPO 80	MPP3	\$1,302	\$15,624	\$2,604	\$31,248	\$2,344	\$28,128	\$3,906	\$46,872
5	CIGNA CDHP-20 Plan/H.S.A.	MHDC	\$1,062	\$12,744	\$2,124	\$25,488	\$1,912	\$22,944	\$3,186	\$38,232
6	Anthem BCBS CDHP 20 Plan/H.S.A.	MHDE	\$1,062	\$12,744	\$2,124	\$25,488	\$1,912	\$22,944	\$3,186	\$38,232
7	CIGNA CDHP-15 Plan/H.S.A.	MCDH	\$1,220	\$14,640	\$2,440	\$29,280	\$2,196	\$26,352	\$3,660	\$43,920
8	Anthem BCBS CDHP 15 Plan/H.S.A.	MHDG	\$1,220	\$14,640	\$2,440	\$29,280	\$2,196	\$26,352	\$3,660	\$43,920
	*EAP-Employee Assistance Program	MEAP	\$4	\$48	\$4	\$48	\$4	\$48	\$4	\$48

* This benefit is included in every medical plan, but is available as a stand alone plan for those who do not participate in a medical plan.

Notes:

CDHP = Consumer Directed Health Plan, which is a high deductible health plan, a Health Savings Plan (H.S.A.) accompanies all CDHP plans.

H.S.A. funding is in addition to the monthly premium.

BCBS = Blue Cross Blue Shield

Diocese of Newark

2026 Medical & Dental Insurance Rates

Dental Plans

Single		Emp + Sps		Emp+Child(ren)		Family	
Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual

	Plan Code								
1 Delta Dental Premium	DPRE	\$87	\$1,044	\$174	\$2,088	\$157	\$1,884	\$261	\$3,132
2 Delta Dental Comprehensive	DCOM	\$68	\$816	\$136	\$1,632	\$122	\$1,464	\$204	\$2,448
3 *Delta Dental Basic	DDBA	\$48	\$576	\$96	\$1,152	\$86	\$1,032	\$144	\$1,728

**No change from 2025*

**** As of October 2025, all Church Pension Group (CPG) billing will be sent electronically. CPG will only accept online payments, no checks will be accepted****

Diocese of Newark
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For Questions Contact::
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Church Pension Group (www.cpg.org) also offers the following, conditions and exclusions apply:

Group Life Insurance
Short-term Disability Benefit (IRP)
Long-term Disability Insurance

Supplemental Life Insurance
Lay Pension Plans
Long-term Care Insurance