

# Diocese of Newark

## 2025 Medical & Dental Insurance Rates

All medical plans include: Express Scripts for prescriptions, EyeMed for eye exams, glasses/contacts, mental health & substance abuse benefits and \*EAP.

### Medical Plans

	Plan Code	Single		Emp + Sps		Emp+Child(ren)		Family		
		Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual	
1	CIGNA Open Access Plus PPO 90	MG02	\$1,424	\$17,088	\$2,848	\$34,176	\$2,563	\$30,756	\$4,272	\$51,264
2	Anthem BCBS BlueCard PPO 90	MPP2	\$1,424	\$17,088	\$2,848	\$34,176	\$2,563	\$30,756	\$4,272	\$51,264
3	CIGNA Open Access Plus PPO 80	MG03	\$1,211	\$14,532	\$2,422	\$29,064	\$2,180	\$26,160	\$3,633	\$43,596
4	Anthem BCBS BlueCard PPO 80	MPP3	\$1,211	\$14,532	\$2,422	\$29,064	\$2,180	\$26,160	\$3,633	\$43,596
5	CIGNA CDHP-20 Plan/H.S.A.	MHDC	\$988	\$11,856	\$1,976	\$23,712	\$1,778	\$21,336	\$2,964	\$35,568
6	Anthem BCBS CDHP 20 Plan/H.S.A.	MHDE	\$988	\$11,856	\$1,976	\$23,712	\$1,778	\$21,336	\$2,964	\$35,568
7	CIGNA CDHP-15 Plan/H.S.A.	MCDH	\$1,135	\$13,620	\$2,270	\$27,240	\$2,043	\$24,516	\$3,405	\$40,860
8	Anthem BCBS CDHP 15 Plan/H.S.A.	MHDG	\$1,135	\$13,620	\$2,270	\$27,240	\$2,043	\$24,516	\$3,405	\$40,860
	<b>*EAP-Employee Assistance Program</b>	MEAP	\$4	\$48	\$4	\$48	\$4	\$48	\$4	\$48

\* This benefit is included in every medical plan, but is available as a stand alone plan for those who do not participate in a medical plan.

Notes:

CDHP = Consumer Directed Health Plan, which is a high deductible health plan, a Health Savings Plan (H.S.A.) accompanies all CDHP plans.

H.S.A. funding is in addition to the monthly premium.

BCBS = Blue Cross Blue Shield

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\* First rate increases since 2020

### \*Dental Plans

Single		Emp + Sps		Emp+Child(ren)		Family	
Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual

	Plan Code								
1 Delta Dental Premium	DPRE	\$86	\$1,032	\$172	\$2,064	\$155	\$1,860	\$258	\$3,096
2 Delta Dental Comprehensive	DCOM	\$67	\$804	\$134	\$1,608	\$121	\$1,452	\$201	\$2,412
3 Delta Dental Basic	DDBA	\$48	\$576	\$96	\$1,152	\$86	\$1,032	\$144	\$1,728

Questions? Contact Leslie Thomas, Diocesan Benefits Administrator, Finance Office, Diocese of Newark, at 973-430-9981 or [Lthomas@dioceseofnewark.org](mailto:Lthomas@dioceseofnewark.org). To view plan summaries, go to [www.dioceseofnewark.org/hr-benefits](http://www.dioceseofnewark.org/hr-benefits), go to Resources, then to Summaries & Rates.

Church Pension Group ([www.cpg.org](http://www.cpg.org)) also offers the following:

- Group Life Insurance
- Short-term Disability Benefit (IRP)
- Long-term Disability Insurance

- Supplemental Life Insurance
- Lay Pension Plans
- Long-term Care Insurance