Welcome to the first issue of The VOICE Digest, a new way to share the wonderful stories and events happening in our diocese. Look for future issues of this quarterly publication in December, March and June.

To get diocesan news and seasonal meditations via email, visit dioceseofnewark.org/e-news to subscribe to:

- **The VOICE Online**: News, events and feature articles from around our diocese, emailed twice a month September-May and monthly June-August.
- **Leadership News**: Key information for lay leaders and clergy, emailed monthly.
- **Online Meditations**: Emailed daily during the seasons of Advent and Lent.

You can also follow @dionewark on Facebook, Instagram, YouTube or Twitter.

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**A message from Bishop Hughes**

**Following Jesus into sabbath**

Dear Companions on the Journey,

How shall we follow Jesus in a world with competitive voices demanding our attention and allegiance? We might even ask ourselves if it makes sense to follow anything or anyone given the multiple betrayals of public trust by so many institutions, including the church. Following Jesus is further complicated by the variety of traditions claiming to know the true way to follow him.

It is enough to make one stop trying. We settle for a sense of peace on Sunday morning in preparation. But there is more in store for us. Jesus invites us to come with him to a quiet place to rest (Matthew 6:30-31). Could it be that sabbath is a vital part of following?

I claim an affirmative response to that question for you and for me. Sabbath is crucial to our ability to follow Jesus. Our natural tendency is to complete one task, chore, goal, event, and then immediately prepare for the next. We often bypass the chance to reflect on what was completed, forget to celebrate completion, and move past rest in a headlong attempt to control outcomes. Our version of the famous Julian of Norwich quote could be, “All will be well, because I will make it so.”

The only way to exit the endless treadmill of action is to follow Jesus to the quiet place for rest. While weekly sabbath of worship, rest, reflection, and time with family and friends is restorative, most of us need something more. Retreat to nature, unscheduled time at a monastery or convent, and vacation away from familiar routines or surroundings are some of the ways we can enter a deeper sabbath.

(Continued on reverse side)
Meet our new Canons

Canon Margaret (“Margo”) Peckham Clark and Canon Andrew Wright began working in the Bishop’s Office in summer 2019. Here’s a primer to their work.

Canon Wright is the new Canon to the Ordinary and Chief of Staff for the diocesan office. He works with diocesan committees and governing bodies as well as with clergy and churches in their ongoing ministries. He manages and develops programs for those seeking ordination and for ongoing clergy formation. He also serves as one of the two intake officers (primary contacts) for the clergy and lay misconduct process.

Canon Clark serves in a newly created position, Canon for Congregational Life. In this role, she takes the lead for clergy and churches who are in transition. This can include clergy leaving a congregation, retiring, or changing roles, as well as parishes discerning new or shared ministries. She works with wardens and vestries when a change in clergy is imminent and with search committees during their search. Canon Clark also provides support for congregations and their ministries, supporting ministries of stewardship, leadership development, and congregational development.

Both Canon Clark and Canon Wright also work together collaboratively to assist Bishop Hughes in her work throughout the diocese.

From your Canons:

“Both of us have spent many years in parish ministry (between us nearly five decades) and are excited to join the Diocese of Newark in these roles to support and encourage congregational ministry throughout the diocese. We are thankful for the welcome that we have already received and look forward to getting to know many more of you as we work on your behalf with our Bishop.”

— Canon Clark and Canon Wright

If you have a question or need assistance, both Canons are available to you and eager to support you in your ministry and would be glad to respond. The Canons are also available to do training or coaching for Vestries and other parish leaders on things like strategic planning, discipleship and spiritual practice, Episcopal 101 and other topics.

Canon Clark may be reached at mapclark@dioceseofnewark.org. Canon Wright may be reached at awright@dioceseofnewark.org. You can reach either Canon by calling Episcopal House at 973-430-9900.

(Bishop Hughes, continued)

Whether your sabbath is a short break each day, a weekly commitment, or a spiritual retreat, living into sabbath will help you follow the one we profess as Savior of the World, Jesus. I look forward to hearing about your spiritual adventures in the quiet place of sabbath.

Grace and peace,
Bishop Hughes

Bishop Hughes posts regular messages, including videos, online at dioceseofnewark.org/bishops-vlog.

(Upcoming Events, continued)

Church Leader University
SAT, OCT 5, 7:45 AM - 12 NOON
St. Elizabeth’s, Ridgewood
Find out more and register online at dioceseofnewark.org/event/church-leader-university-2019-fall.

Breaking Bread with the Bishop

Continuing the very popular series from this past spring, we are pleased to invite you to come meet Bishop Hughes for a meal and conversation at one of these four events. Bishop Hughes would love to greet you and discuss the vision, hopes and dreams of the diocese.

Don’t miss out! RSVP at dioceseofnewark.org/form/rsvp-breaking-bread-bishop.

SAT, OCT 5 - All Saints’, Millington
Continental breakfast 9 AM, program 9:30-11:30 AM
RSVP by FRI, OCT 18

TUE, OCT 29 - St. Agnes’ Little Falls
Light supper 7 PM, program 7:30-9:30 PM
RSVP by TUE, Oct 22

SAT, NOV 2 - St. David’s, Kinnelon
Continental breakfast 9 AM, program 9:30-11:30 AM
RSVP by FRI, OCT 25

TUE, NOV 5 - Trinity, Allendale*
Light supper 6:30 PM, program 7-9 PM
RSVP by TUE, OCT 29

*While all are welcome to attend, the Nov. 5 gathering is designed for churches engaged in clergy transition.