

Food Lessons / Activities for Good Friday and Easter

I know that it is more challenging right now to get to the grocery store but I wanted to share some family activity food preparation lessons that you can do with your kids.

I will be doing this snack activity as part of the Family Good Friday Observance at 2 PM. You can gather the supplies and do it along with me or at another time. Kathryn King+

GOOD FRIDAY CROWN OF THORNS SNACK

INGREDIENTS

Round crackers (2 or 3 for each person)

Either Peanut butter or cream cheese

Thin pretzel sticks (figure 3 sticks per cracker)

1. Break the pretzel sticks into small pieces about $\frac{1}{2}$ long
2. Spread the cream cheese / peanut butter on the crackers
3. Stick the pretzel pieces around the edges of the crackers to create the crown of thorns



CROWN OF THORNS BREAD

Great for simple soup and bread supper on Good Friday

INGREDIENTS

Depending on the size of the loaf you want to create you can use either refrigerator bread sticks dough, multiple tubes of refrigerator bread dough, or any prepared bread dough. What ever you decide to use you will divide it into three strips and roll it like a snake.

Bread dough

1 Egg

Pretzel sticks



1. Divide and roll the bread dough to create three even snakes
2. Braid the dough and form into a circle. Don't worry – it doesn't need to be perfect or beautiful. It just needs to be round with a hole in the center! Even just twisting will create the desired result!
3. Place on a cookie sheet covered with foil or parchment paper.
4. Beat the egg and brush the bread loaf.
5. Bake according to directions.
6. When the bread comes out of the oven you will have the kids help to stick the pretzels into the loaf sticking up all around to create the look of the crown of thorns. The pretzels will go in easily while the bread is warm. Depending on the age of the kids you will need to make a decision about how cool the loaf needs to be for them to participate safely.
7. Serve with a simple meal. Soup works very well.



RESURRECTION ROLLS

This is the snack activity that I have done a couple years on Good Friday. It works well any time over the weekend – even on Sunday morning for a breakfast treat.

INGREDIENTS

- Tube of crescent refrigerator rolls
- 8 large marshmallows – one for each roll
- 4 Tablespoons melted butter
- Bowl of cinnamon sugar (3T sugar to 1 T Cinnamon)



1. Lay out the crescent roll. *Explain that in Jesus' time when someone died their body wrapped in cloth for burial. This is how people took care of them and showed great love for them.*
2. Take the marshmallow and dip and roll it in the melted butter covering all sides. Then roll it in the cinnamon sugar. *Explain that in Jesus' time, also to show their love, the family and friends of the person who had died would use spices and oil to care for the body.*
3. Wrap the crescent roll up and around the marshmallow creating a ball / tomb so that the marshmallow is completely enclosed. You may also roll in the butter and sugar again for extra flavor and color like a rock tomb. *Explain that after Jesus died on the cross his body was laid in the tomb in the garden and sealed with a stone in front of the opening.*
4. Place the tomb rolls on a baking sheet covered in foil or parchment and bake according to directions.



While the tombs are baking read *The Sun Stops Shining* from the children's Bible we use ***The Jesus Storybook Bible***, page 302.

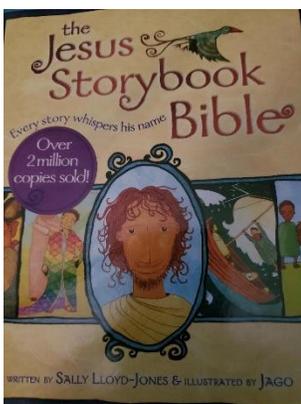


Once the tombs are baked let them cool and gather the family back together. Read ***God's Wonderful Surprise***, page 310.

Now comes the fun part! Give each person a couple of the tombs and break all at the same time break them open They will be empty – Just like the tomb!



STORIES FOR HOLY WEEK FROM THE JESUS STORYBOOK BIBLE



- Maundy Thursday:** The Servant King, page 286
A Dark Night in the Garden, page 294
- Good Friday:** The Sun Stops Shining, page 302
- Easter:** God's Wonderful Surprise, page 310