

# Diocese of Newark

## 2024 Medical & Dental Insurance Rates

All medical plans include: Express Scripts for prescriptions, EyeMed for eye exams, glasses/contacts, mental health & substance abuse benefits and \*EAP.

### Medical Plans

	Plan Code	Single		Emp + Sps		Emp+Child(ren)		Family		
		Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual	
1	CIGNA Open Access Plus PPO 90	MG02	\$1,271	\$15,252	\$2,542	\$30,504	\$2,288	\$27,456	\$3,813	\$45,756
2	Anthem BCBS BlueCard PPO 90	MPP2	\$1,271	\$15,252	\$2,542	\$30,504	\$2,288	\$27,456	\$3,813	\$45,756
3	CIGNA Open Access Plus PPO 80	MG03	\$1,153	\$13,836	\$2,306	\$27,672	\$2,075	\$24,900	\$3,459	\$41,508
4	Anthem BCBS BlueCard PPO 80	MPP3	\$1,153	\$13,836	\$2,306	\$27,672	\$2,075	\$24,900	\$3,459	\$41,508
5	CIGNA CDHP-20 Plan/H.S.A.	MHDC	\$941	\$11,292	\$1,882	\$22,584	\$1,694	\$20,328	\$2,823	\$33,876
6	Anthem BCBS CDHP 20 Plan/H.S.A.	MHDE	\$941	\$11,292	\$1,882	\$22,584	\$1,694	\$20,328	\$2,823	\$33,876
7	CIGNA CDHP-15 Plan/H.S.A.	MCDH	\$1,081	\$12,972	\$2,162	\$25,944	\$1,946	\$23,352	\$3,243	\$38,916
8	Anthem BCBS CDHP 15 Plan/H.S.A.	MHDG	\$1,081	\$12,972	\$2,162	\$25,944	\$1,946	\$23,352	\$3,243	\$38,916
	<b>*EAP-Employee Assistance Program</b>	MEAP	\$4	\$48	\$4	\$48	\$4	\$48	\$4	\$48

\* This benefit is included in every medical plan, but is available as a stand alone plan for those who do not participate in a medical plan.

Notes:

CDHP = Consumer Directed Health Plan, which is a high deductible health plan, a Health Savings Plan (H.S.A.) accompanies all CDHP plans.

H.S.A. funding is in addition to the monthly premium.

BCBS = Blue Cross Blue Shield

# Diocese of Newark

## 2024 Medical & Dental Insurance Rates

\*No change in dental rates since 2020\*

### \*Dental Plans

Single		Emp + Sps		Emp+Child(ren)		Family	
Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual

	Plan Code	Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual	
1	Delta Dental Premium	DPRE	\$84	\$1,008	\$168	\$2,016	\$151	\$1,812	\$252	\$3,024
2	Delta Dental Comprehensive	DCOM	\$65	\$780	\$130	\$1,560	\$117	\$1,404	\$195	\$2,340
3	Delta Dental Basic	DDBA	\$47	\$564	\$94	\$1,128	\$85	\$1,020	\$141	\$1,692

\*As of 1/1/2024, Delta Dental will be our new dental provider. Note that the three plan levels have new names, but are similar to previous plans.

Questions? Contact Leslie Thomas, Diocesan Benefits Administrator, Finance Office, Diocese of Newark, at 973-430-9981 or [Lthomas@dioceseofnewark.org](mailto:Lthomas@dioceseofnewark.org). To view plan summaries, go to [www.dioceseofnewark.org/hr-benefits](http://www.dioceseofnewark.org/hr-benefits), go to Resources, then to Summaries & Rates.

Church Pension Group ([www.cpg.org](http://www.cpg.org)) also offers the following:

Group Life Insurance  
 Short-term Disability Benefit (IRP)  
 Long-term Disability Insurance

Supplemental Life Insurance  
 Lay Pension Plans  
 Long-term Care Insurance