



# Finding God in the Spaces, Finding Space for God

Spiritual practices in everyday life —  
God interrupting our busy lives

We hear a lot about a Rule of Life — it sounds intimidating and deep. Guess what? It doesn't have to be! A simple definition of a Rule of Life is "God interrupting our busy lives." In other words, we should each build a sense of God's presence into our daily agendas — on our own terms.

A panel of speakers from the Empowering Action Team of Diocesan Council will share examples of their own spiritual practices in hopes that attendees will see that these glimpses of God's grace are all around us in prayer, walking a labyrinth, creating art, knitting, gardening, yoga, and more.



## Summer Workshop

**IMPORTANT! Please note that time and location has changed from earlier notices!**

6 p.m on Wednesday, July 20  
at **Grace Episcopal Church in Nutley** (200 Highfield Lane)



A \$5 per person donation is requested to cover the cost of a light dinner. For further information or to reserve a spot (so we'll know how much food is needed) please email Sue Morgan at [sue.morgan1066@gmail.com](mailto:sue.morgan1066@gmail.com) or call her at (917) 517-4024.

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← Painting by Debra M. Cook of Grace Church in Nutley,  
a member of the Empowering Action Team of Diocesan Council